

2012 CAT Al Soltis Memorial Meet
Hosted by the Clearwater Aquatic Team (CAT)
January 14-16, 2012

- SANCTIONED BY:** Florida Swimming Sanction: # 5701
"In granting this approval it is understood and agreed that USA Swimming/Florida Swimming shall be free and held harmless from any liabilities or claims from damages arising by reason of injuries to anyone during the conduct of the event."
- CONDITION OF SANCTION:** The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Any swimmer entered in the meet, unaccompanied by a USA-S member coach, must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- CAMERA ZONE:** Per Florida Swimming Rule 223.12, Meet Management shall designate and inform the public of "Camera Zones" at each swim meet where both still photography of a race or a competitor in a race may be taken. Acceptable "Camera Zones" may include, but are not limited to the side course of a pool, team gathering areas, concession area, turn-end of competition course when not in use as a "start end." Meet Management shall also designate "Non-Camera Zones." Under NO circumstances will Camera Zones include the area immediately behind the starting blocks at either end of the race course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, rest rooms, or any other dressing areas. Any individual failing to abide by this rule could be subject to the Florida Swimming Code of Conduct violation as defined in Rule 239.2.
- TYPE OF MEET:** Prelims-finals on Saturday, Sunday, and Monday. All preliminary sessions will be Short Course Yards and all finals sessions will be Long Course Meters with 8 or 10 lanes swam in prelims and 8 lanes in finals. We will run both ends of the pool in prelims if necessary.
- DATES & TIMES:**
- | | Warm-ups | Meet Start |
|----------------|-----------------|-------------------|
| Prelims | 7:00am | 8:30am |
| Finals | 4:00pm | 5:30pm |
- LOCATION:** The Doyle Aquatic Center at the Long Center, 1501 N Belcher Rd, Clearwater, FL 33765
- POOL & FACILITY SPECS:** The Doyle Aquatic Center is a 10 lane 50 meter (20 lane short course) pool that varies in depth from twelve feet at the start end to four feet at the turn end. A separate 3 lane 25 yard pool will be available for continuous warm-up and warm-down throughout the meet. There is permanent bleacher seating available for 294 people along with an additional standing room only section directly behind the bleachers for viewing the competition. Swimmers and parents will also be able to rest and relax in the Long Center Gym, if necessary where we will have 42" TVs set up that will show a live feed of the competition scoreboards. The meet may also be broadcast live, streaming on the internet.
- TIMING SYSTEM:** A Daktronics timing system, touch pads, and starting system will be used. Times will be displayed on one or both of our two scoreboards.
- ELIGIBILITY:** Must be a 2012 USA Swimming registered athlete.
- SEEDING:** All entry times must be submitted in short course yards (SCY). Conversions allowed. Check-in will be required for all events 400 yards/meters and higher. Relay events will be positive check in/deck seeded events.

In prelims, all events will be seeded slowest to fastest with the fastest three heats being circle seeded, except for the 400 IM, 500 free, which will be fastest to slowest, with the first three heats being circle seeded. The 400IM and 500 Free will be combined by gender and age and seeded according to entry time in pre-lims. They will be separated back out for finals. There will be a 10 minute break before each of these events in prelims.

Seniors finals events will be seeded fast to slow. There will be "A" finals for 10 & Under, 11-12, 13-14, "A" and "B" finals for Senior events. All 8 & Under events are timed finals.

The fastest heat of the 800M Fr/1500M Fr for women and men, respectfully, will swim in finals with all remaining heats being swum in prelims fastest to slowest. Swimmers can declare to swim the 800/1500Fr in AM or PM when they positive check-in. Only one heat of each event, the fastest 8 declaring PM, will swim in finals. A One Hour break will be held immediately following Monday prelims to allow for lane change and warm-up for remaining 800/1500 heats. 800/1500 swimmers must supply their own timers and counters for AM swims. Timers will be provided for evening/finals swims.

All 8 & Under events, the 12 & Under 100Y IM and 800/1500 are timed finals.

There will be a positive check in for Relays. Coaches can declare to swim the relays in AM or PM. The fastest 8 declaring PM will swim in finals.

The Meet Referee reserves the right to combine events/heats to observe the 4 hour time limit.

RULES: Current USA Swimming Technical Rules will govern. (Safety rules as outlined by USA Swimming will be in effect during all warm-up and warm-down time frames and areas.)

AWARDS: Individual event ribbons 1st-8th place. Individual High Point Medals 1st-3rd place. 1st place combined points team plaque.

SORING: Individual Events 9-7-6-5-4-3-2-1 Relays double points

****Teams must designate an "A" and "B" relay for scoring purposes. Only those relays are eligible for scoring points*****

WARM-UP: Enclosed warm-up schedule will be used. Warm-up will be 60 minutes guaranteed prior to the start of each session.

SCRATCHES: **Prelims/timed finals:** No penalty for scratching on the block with the exception of deck seeded events. Failure to swim a deck seeded event that the swimmer checked in for will result in the swimmer being barred from the next individual event that he/she is entered. Check in must be done with the clerk of course prior to the listed check in time to be seeded in that event. **Any swimmer properly entered in a deck seeded event, who fails to check in for that event, will be allowed to swim in an open lane for that event only. No new heats will be created – first come first served.**

Finals: Any swimmer who competed in a preliminary heat and qualifies for finals must swim the event during finals unless the swimmer announced his/her intention to scratch from the event within 30 minutes of the announcement of the qualifiers for that event. He/she has until 30 minutes after his or her final prelim of the day to finalize his/her scratch with the clerk of course. Failure to do so will result in the swimmer being barred from his/her next individual event of the meet. Meet Referee has discretion to excuse athletes for medical reasons.

CHECK-IN: Check-in with the clerk of course will be at the announcer's table. The check-in times will be the following:

12&Under, 13-14 & Senior 400/500Fr – Saturday, January 14th, 8:30AM
12&Under, 13-14 & Senior 400IM – Sunday, January 15th, 8:30AM
Senior 800/1500Fr – Sunday, January 15th, 5:30PM
All 200 Medley Relays – Saturday, January 14th, 7:45AM
All 200 Free Relays – Sunday January 15th, 7:45AM

ENTRY LIMIT: Swimmers will be limited to three events per day. If a swimmer is over-entered in a session, any events entered over the three event limit will be dropped at the point of over-entry. Entries will be accepted on a first come, first served basis until the sessions are a maximum of four (4) hours in length.

DECK ENTRIES: Deck entries will be accepted to fill heats only. No new heats will be created. Fees are \$10.00 per individual deck entry, plus \$10.00 surcharge if not previously entered in meet, must be paid at time of entry. Deck entries will be accepted by the administrative referee or designated representative and assigned a lane no later than **45 minutes** prior to the start of each session. A swimmer may not drop an event to deck enter another event. The entry limit of three individual swims per day applies.

ENTRY FEES: Individual: \$4.00 per event
Relay: \$8.00 per event
Facility charge: \$10.00 per swimmer

ENTRY DEADLINE: All entries must be received by 5:00pm Wednesday, January 4th, 2012. Enclose payment to the Clearwater Aquatic Team (CAT) with team entry. Please mail by Express Mail, Federal Express, UPS or other rapid mail service. Email entries to: swimresultsbytrg@aol.com No late entries will be accepted. Mail hardcopies along with disk and payment to:

Clearwater Aquatic Team (CAT)
c/o Eva Gronke
3534 Chessington Drive
Land O Lakes, FL 34638

ENTRY FORMS: Entries may be submitted on the enclosed entry forms (please print legibly). Hy-tek electronic email entry is preferred. Please note that there is an additional \$50 fee for entries submitted on the entry forms.

OFFICIALS:

Head Referee	Jim Hirschberger
Admin Referee	Tony Uselis
Starter	Bob Slockett
Chief Stroke & Turn	Andy Nuyianes
Meet Director	Brandon Wittman
Meet Marshall	Cathy Frazier

COACHES/OFFICIALS: Coaches/officials must visibly display a valid USA membership card at all times while on deck. A 2012 coaching member of USA Swimming must supervise each swimmer participating in a Florida Swimming sanctioned meet during warm-up and competition. An unattached athlete, without a team affiliation and not escorted by a coach member, must check in with the meet referee or head marshal upon arrival at the meet. Such athletes will be assigned to a substitute coach who will supervise the swimmer(s) during warm-up and competition. There will be a coaches meeting before the first session of the meet on Friday.

TEAM REPRESENTATIVE: Prior to the start of the meet, the name of one person for each team other than the coach may be given to the meet referee. The meet referee will only recognize the coach and that designated person relative to matters pertaining to the meet.

INFORMATION: Coach Randy Reese or Brandon Wittman @ 727-791-9542, or email us @ coach@clearwateraquatics.com or catmanager@clearwateraquatics.com

NOTE: *Events/heats may be combined at the discretion of the meet referee.

WARM-UP SCHEDULE:

First ½ hour will be warm-up as follows:

- Lane 1 pace 50 & 100 circle swimming
- Lane 2 push off 25s one way only
- Lane 3 swim & pulling, push off
- Lane 4 swim & pulling, push off
- Lane 5 swim & pulling, push off
- Lane 6 swim & pulling, push off
- Lane 7 swim & pulling, push off
- Lane 8 swim & pulling, push off
- Lane 9 push off 25s, one way only
- Lane 10 pace 50 & 100 circle swimming

Last hour of warm-ups will be as follows:

- Lane 1 pace 50 & 100 circle swimming
- Lane 2 racing starts 25s one length
- Lane 3 swim & pulling, push off
- Lane 4 swim & pulling, push off
- Lane 5 swim & pulling, push off
- Lane 6 swim & pulling, push off
- Lane 7 swim & pulling, push off
- Lane 8 racing starts 25s one length
- Lane 9 racing starts 25s one length
- Lane 10 pace 50 & 100 circle swimming

NO EQUIPMENT TO BE USED DURING WARM-UP
NO RACING STARTS IN WARM-UP OR COOL DOWN LANES DURING MEET
Swimmers must enter the water feet first with at least one hand on the pool deck.

ORDER OF EVENTS

Saturday, January 14th, 2012

Session 1-Prelims

Warm-ups - 7:00am; Meet Starts – 8:30am

Women	Event	Men
5	Senior 100 Fly	6
7	13-14 100 Fly	8
9	11-12 100 Fly	10
11	10&u 100 Fly	12
13	Senior 50 Back	14
15	13-14 50 Back	16
17	11-12 50 Back	18
19	10&u 50 Back	20
21#	8&u 25 Back	22#
23	Senior 200 IM	24
25	13-14 200 IM	26
27	11-12 200 IM	28
29	10&u 200 IM	30
31	Senior 50 Free	32
33	13-14 50 Free	34
35	11-12 50 Free	36
37	10&u 50 Free	38
39#	8&u 25 Free	40#
1****	Senior 200 Medley Relay	2****
3****	12&Under 200 Medley Relay	4****
41*	Senior 500 Free	42**
43*	13-14 500 Free	44**
45***	11-12 500 Free	46***
47***	10&u 500 Free	48***

- Timed final swum in prelims

* - Senior & 13-14 Women 500Y Fr – Qualifying Time 5:52.99 or Has achieved an A Time STD in the 200 Fr = 2:13.79

** - Senior & 13-14 Men 500Y Fr – Qualifying Time 5:35.19 or has achieved an A Time STD in the 200 Fr = 2:05.29

*** - 12&Under Women & Men 500Y Fr – Qualifying Time 6:30.99 (10&U = 6:48.39) or has achieved an A Time STD for thier gender and age group in the 200 Fr. (10&U G = 2:36.3, 10&U B = 2:31.8, 11&12 G = 2:19.8, 11&12 B = 2:16.19

**** - 200 Medley Relay – Fastest heat swam in finals

EVENTS 41-48 will be combined by age/gender and seeded together in pre-lims

Sunday, January 15th, 2012
Session 3-Prelims
Warm-ups - 7:00am; Meet Starts – 8:30am

Women	Event	Men
55	Senior 200 Free	56
57	13-14 200 Free	58
59	11-12 200 Free	60
61	10&u 200 Free	62
63	Senior 100 Breast	64
65	13-14 100 Breast	66
67	11-12 100 Breast	68
69	10&u 100 Breast	70
71#	8&Under 25 Breast	72#
73	Senior 200 Back	74
75	13-14 200 Back	76
77	11-12 200 Back	78
79	10&u 200 Back	80
81	Senior 50 Fly	82
83	13-14 50 Fly	84
85	11-12 50 Fly	86
87	10&u 50 Fly	88
89#	8&Under 25 Fly	90#
49****	Senior 200 Free Relay	50****
51****	12&Under 200 Free Relay	52****
53#	8&U 100 Free Relay	54#
91*	Senior 400 IM	92**
93**	13-14 400 IM	94**
95***	11-12 400 IM	96***
97***	10&u 400IM	98***

- Timed final swam in prelims

* - Senior & 13-14 Women 400Y IM – Qualifying Time 5:17.79 or has achieved an A time STD in the 200 IM = 2:30.49

** - Senior & 13-14 Men 400Y IM – Qualifying Time 5:00.49 or has achieved an A time STD in the 200 IM = 2:20.29

*** - 12&Under Women & Men 400Y IM –Has achieved an A Time STD in either the 400 or 200 IM for their gender and age group (11&12 G = 5:36.09/2:37.59, 11&12 B = 5:28.89/2:35.59, 10&U G = 2:55.99, 10&U B = 2:55.29

**** - 200Y Free Relay – Fastest heats swam in finals

EVENTS 91-98 will be combined by age/gender and seeded together in pre-lims

Monday, January 16th, 2012
Session 5-Prelims
Warm-ups - 7:00am; Meet Starts – 8:30am

Women	Event	Men
101	10&u 100 Free	102
103	11-12 100 Free	104
105	13-14 100 Free	106
107	Senior 100 Free	108
109#	8&Under 50 Free	110#
111	10&u 200 Breast	112
113	11-12 200 Breast	114
115	13-14 200 Breast	116
117	Senior 200 Breast	118
119	10&u 100 Back	120
121	11-12 100 Back	122
123	13-14 100 Back	124
125	Senior 100 Back	126
127	10&u 200 Fly	128
129	11-12 200 Fly	130
131	13-14 200 Fly	132
133	Senior 200 Fly	134
135	10&u50 Breast	136
137	11-12 50 Breast	138
139	13-14 50 Breast	140
141	Senior 50 Breast	142
143#	10&u 100 IM	144#
145#	11-12 100 IM	146#
	--Break--	
99*	Womens' Senior 800 Free	
	Men's Senior 1500 Free	100**

- Event only swum in prelims

* - Senior Women 800Fr – Qualifying Time 10:47.99 ((can qualify using 400 Fr 5:16.59 or 500 STD = 5:52.99)

*12 & Under Women 800 Fr – Qualifying time 11:35.69 (can qualify using 400 Fr 5:32.39 or 500 Fr 6:09.29)

** - Senior Men 1500Fr – Qualifying Time 19:55.69 (can qualify using 400 Fr 5:02.79 or 500 STD = 5:35.19)

**12 & Under Men 1500 Fr – Qualifying time 22:14.19 (can qualify using 400 Fr 5:27.09 or 500 Fr 6:04.69)

**2012 CAT AL SOLTIS MEMORIAL MEET
HOSTED BY THE CLEARWATER AQUATIC TEAM
JANUARY 14-16, 2012**

Master Entry Form

Hosted by Clearwater Aquatics Team
At The Long Center
1501 N. Belcher Rd
Clearwater, FL 33765

Mail all Entries to Be Received by
Midnight Wednesday, January 4th, 2012

CAT Office (727) 791-9542

Team Name _____ Call Letters _____

Address _____

Coach _____ LSC _____

Home Phone _____ Office Phone _____

FAX# _____ EMAIL _____

Swimmer/Coach Registration

I certify that all individuals listed on attached entry forms are currently registered members of USA Swimming and are eligible to compete in this meet. I further certify that one or more of the following coaches will be on deck supervising the activities of these individuals during warm up and competitive sessions at the meet.

Name(s) of Coach(es)

I Certify that the individuals listed above are currently registered USA Swimming Coach Members.

Signature of USA Swimming Member Team _____ Date _____

Financial Recap

Total Numbers of Swimmers _____ @ \$10.00 Each=\$ _____

Total Individual Entries _____ @ \$4.00 Each=\$ _____

Total Relay Entries _____ @ \$8.00 Each=\$ _____

Total Entry Fees Paid \$ _____

Due by 5:00 pm Wednesday, January 4th, 2012

Make Checks payable to CAT

MAIL ENTRIES TO: Clearwater Aquatic Team (CAT) C/O Eva Gronke 3534 Chessington Dr, Land O Lakes FL 34638

